

Donate Your Food



Fact: *In southeast Texas over 1 million people are at risk of hunger every day. Of those receiving help, 44% are children. With times getting tighter these numbers are dramatically increasing. Thousands in our community need your help.*

As you are aware, many people throw out a good deal of “stuff” when they move. Unfortunately a lot of this “stuff” can be delivered to a family in need. That’s why **Moving Matters** has teamed up with **Move For Hunger** to fill the shelves of our communities’ food banks.

Please set aside any unwanted, non-perishable food items before your move and **Moving Matters** will deliver the donation to your local food bank.

Move For Hunger is a non-profit organization that works with the relocation industry to support the efforts of local food banks. Your donations will directly impact families living right here in Greater Houston Area. **Moving Matters** is grateful for your business and truly thankful for your generosity.

Sincerely,

Carol Brooks, President



Careful, Compassionate Moves for Older Adults and Their Families

713.582.0085

www.seniormovingmatters.com

For more information about Move For Hunger, call 732-774-0521
or visit us on the web at www.MoveForHunger.org